

# RECLAIM EMPOWERMENT ACADAMEY

**6 Weeks  
6 Courses**

**In Person  
& Online**

**Materials  
Included**





# CURRICULUM HIGHLIGHTS

**This 6-week professional empowerment course provides participants with practical tools and strategies for growth, resilience, and effective goal execution. Each session builds progressively, ensuring a cohesive journey toward sustainable success.**



## THE BIG RELEASE

Learn how to release limiting beliefs and embrace flexibility to create space for growth.



## EMPOWERMENT OVER POWER

Learn how authentic self-leadership builds confidence and influence, and being the shift from being power hungry to purpose driven empowerment.



## HANDLING THE HURDLES LIKE A PRO

Learn how to develop strategies to navigate challenges with clarity and resilience.



## A PURPOSEFUL PATH

Define your core values, and align them with your goals, by creating a vision and a plan for success.



## ACCOUNT ME IN: MASTERING ACCOUNTABILITY

Learn how to establish systems and support structures to stay committed and consistent and accountable to your goals.



## OPERATION EXECUTE

Take it all the way and learn how to transform your vision into action with step-by-step strategies for long-term success

**By the end of the program, participants will have the clarity, tools, and confidence to pursue their goals with purpose and resilience.**

