



RECLAIM EMPOWERMENT ACADEMY

**6 Weeks
6 Courses**

**In Person
& Online**

**Materials
Included**





CURRICULUM HIGHLIGHTS

This 6-week professional empowerment course provides participants with practical tools and strategies for growth, resilience, and effective goal execution. Each session builds progressively, ensuring a cohesive journey toward sustainable success.



THE BIG RELEASE

Learn how to release limiting beliefs and embrace flexibility to create space for growth.



EMPOWERMENT OVER POWER

Learn how authentic self-leadership builds confidence and influence, and being the shift from being power hungry to purpose driven empowerment.



HANDLING THE HURDLES LIKE A PRO

Learn how to develop strategies to navigate challenges with clarity and resilience.



A PURPOSEFUL PATH

Define your core values, and align them with your goals, by creating a vision and a plan for success.



ACCOUNT ME IN: MASTERING ACCOUNTABILITY

Learn how to establish systems and support structures to stay committed and consistent and accountable to your goals.



OPERATION EXECUTE

Take it all the way and learn how to transform your vision into action with step-by-step strategies for long-term success

By the end of the program, participants will have the clarity, tools, and confidence to pursue their goals with purpose and resilience.

